From a consultation with your doctor, your doctor might have mentioned to you that a CPAP device may help with your OSA.

If you are wondering how it works,

a CPAP trial in The Air Station will help!

# 6-Step Process

## **Appointment**

- Get a CPAP prescription
- Call The Air Station to secure a CPAP trial appointment

#### Consultation

 1 to 1.5 hours consultation with The Air Station's Clinical Application Specialists consists of: review sleep report, introduction to masks & machine types, mask fitting and Q&A.

## **Choosing a Mask**

- Try out different masks for 10-15 minutes each in our sleep experience room before purchase
- Once purchase of mask is completed, you will be entitled to a 2-week free home trial of our CPAP device

#### Instructions & Tips

You will be taught how to use and maintain the mask and CPAP device at home. Feel free to ask us anything!

#### **Home Trial & Monitoring**

 Try to get used to wearing your CPAP device during the 2 weeks. Our clinical team will be in touch with you throughout the trial to support your therapy journey.

# Report Generation & Review

- Our clinical team will generate the report for your doctor
- to review your therapy progress
   Get in touch with our clinical team anytime you need help!

We are just a phone call away!